Rainbow Roos:

Walking Football



In Partnership With:

NSW GOVERNMENT Northern NSW Local Health District

$6 PER SESSION

LISMORE

- Wednesdays
- 10:15 – 11:15
- Oliver Ave, Gbah

CASINO

- Thursdays
- 11:45 – 12:45
- Casino Stadium

We ndis

REGISTERED CHARITY · acnc.gov.au/charityregister

SOCIAL. ACTIVE. NO PRESSURE.

A slower-paced version of the game, designed for adults who want to stay active, meet new people and enjoy football in a friendly, welcoming environment.

STAY ACTIVE

A fun, low-impact way to keep moving and enjoy the game.

MEET NEW PEOPLE

Social, welcoming sessions with plenty of laughs along the way.

EVERYONE WELCOME

No experience needed. Get involved and play at your own pace.

RAINBOW ROOS

BOOK NOW!

SPACES LIMITED • BOOK TODAY

rainbowroos.com.au

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